

**Business Assembly**

**Friday**

8:00 - 9:00 am	Board Check-in	Ballroom AD
9:00 - 12:00 pm	Board Meeting (open to all)	Ballroom AD
2:00 - 4:00 pm	Board Meeting with Funded Chairs (open to all)	Ballroom AD
7:00 - 8:15 pm	Assembly Convenes	Ballroom AD

**Saturday**

7:30 - 8:30 am	New Rep "Green Dot" Orientation	Ballroom AD
8:30 - 12:00 pm	Business Assembly	Ballroom AD
2:00 - 5:30 pm	Business Assembly	Ballroom AD

**Sunday**

7:00 - 8:15 am	Board & Funded Chairs Breakfast	Grand Cafe
8:15 - 9:30 am	IG Chairs Breakfast	Grand Cafe

*Recovery in The Rock!*



SOAR 8 Recovery Convention  
and Business Assembly

March 21-23, 2014

Clarion Hotel Medical Center  
925 South University Ave.  
Little Rock, AR 72204  
501-664-5020

Program

**Recovery Convention**

Day	Time	Topic	Room		
<b>Friday</b>	4:00 - 4:45 pm	OA Meeting 1	Little Rock		
	5:00 - 5:45 pm	Serenity Now!: The Prayers of OA	Little Rock		
	7:30 - 8:15 pm	OA Meeting 2	Little Rock		
	8:30 - 8:45 pm	Welcome and Skit	Ballroom AD		
	8:45 - 10:00 pm	Presentation & Discussion Panel	Ballroom AD		
	<b>Saturday</b>	7:00 - 7:45 am	Morning Meditation	Little Rock	
		8:30 - 9:15 am	Step1 Relax: Surrender doesn't mean Try Harder	Little Rock	
		9:30 - 10:15 am	Body Image: Acceptance of Self	Little Rock	
		10:30 - 11:15 am	Spiritual Progress: Redefining Perfect for Imperfect People	Little Rock	
		11:30 - 12:15 pm	Steps 4 & 5: Release from Yuckiness	Little Rock	
12:30 - 2:00 pm		Luncheon (prepaid) Speaker - all are welcome	Ballroom BC		
2:00 - 2:45 pm		A God of our Understanding: Roundtable Discussion	Little Rock		
3:00 - 3:45 pm		Finding Balance: Spiritual, Emotional, & Physical	Little Rock		
4:00 - 4:45 pm		Step 11: No Wrong Way	Little Rock		
7:00 - 9:00 pm		Banquet (prepaid) Speaker - all are welcome	Ballroom BC		
9:00 - 11:00 pm	Entertainment	Ballroom AD			
<b>Sunday</b>	7:00 - 7:45 am	Morning Meditation	Little Rock		
	8:00 - 8:45 am	Abstinence: More than a Food Plan	Little Rock		
	9:00 - 9:45am	12 Step Within	Little Rock		
	10:00 - 10:45am	Closing Speaker	Little Rock		
	<b>Registration</b> 3rd Floor Lobby	Friday 1:30 pm - 8:30 pm			
		Saturday 8:00 am - 12:00 pm			
		<b>Hospitality &amp; Boutique</b> Parlor 3102	Friday 5:00 pm - 8:00 pm		
			Saturday 8:00 am - 7:00 pm		
			Saturday 8:00 am - 10:00 am		
	<b>Literature &amp; Merchandise</b> 3rd Floor Lobby	Friday 1:30 pm - 8:30 pm			
Saturday 8:00 am - 5:00 pm					
Sunday 8:00 am - 10:00 am					