

**Business Assembly**

**Friday**

8:00 - 9:00 am	Board Check-in	Ballroom BC
9:00 - 12:00 pm	Board Meeting (open to all)	Ballroom BC
2:00 - 4:00 pm	Board Meeting with Funded Chairs (open to all)	Ballroom BC
7:00 - 8:15 pm	Assembly Convenes	Ballroom BC

**Saturday**

7:30 - 8:30 am	New Rep "Green Dot" Orientation	Ballroom BC
8:30 - 12:00 pm	Business Assembly	Ballroom BC
2:00 - 5:30 pm	Business Assembly	Ballroom BC

**Sunday**

7:00 - 8:15 am	Board & Funded Chairs Breakfast	Grand Cafe
8:15 - 9:30 am	IG Chairs Breakfast	Grand Cafe

*Recovery in The Rock!*



SOAR 8 Recovery Convention  
and Business Assembly

March 21-23, 2014

Clarion Hotel Medical Center  
925 South University Ave.  
Little Rock, AR 72204  
501-664-5020

Program

**Recovery Convention**

<b>Friday</b>		<b>Sunday</b>	
4:00 - 4:45 pm	OA Meeting 1	Ballroom A	7:00 - 7:45 am
5:00 - 5:45 pm	Serenity Now!: The Prayers of OA	Ballroom A	8:00 - 8:45 am
7:30 - 8:15 pm	OA Meeting 2	Ballroom A	9:00 - 9:45am
8:30 - 8:45 pm	Welcome and Skit	Ballroom BC	10:00 - 10:45am
8:45 - 10:00 pm	Presentation & Discussion Panel	Ballroom BC	
<b>Saturday</b>			
7:00 - 7:45 am	Morning Meditation	Ballroom A	
8:30 - 9:15 am	Step1 Relax: Surrender doesn't mean Try Harder	Ballroom A	
9:30 - 10:15 am	Body Image: Acceptance of Self	Ballroom A	Friday 1:30 pm - 8:30 pm Saturday 8:00 am - 12:00 pm
10:30 - 11:15 am	Spiritual Progress: Redefining Perfect for Imperfect People	Ballroom A	
11:30 - 12:15 pm	Steps 4 & 5: Release from Yuckiness	Ballroom A	Friday 5:00 pm - 8:00 pm Saturday 8:00 am - 7:00 pm
12:30 - 2:00 pm	Luncheon (prepaid) Speaker - all are welcome	Little Rock	
2:00 - 2:45 pm	A God of our Understanding: Roundtable Discussion	Ballroom A	
3:00 - 3:45 pm	Finding Balance: Spiritual, Emotional, & Physical	Ballroom A	Friday 1:30 pm - 8:30 pm Saturday 8:00 am - 5:00 pm Sunday 8:00 am - 10:00 am
4:00 - 4:45 pm	Step 11: No Wrong Way	BallroomA	
7:00 - 10:00 pm	Banquet (prepaid) Speaker & Entertainment - all are welcome	Ballroom BC	

**Literature & Merchandise**

3rd Floor Lobby  
Friday 1:30 pm - 8:30 pm  
Saturday 8:00 am - 5:00 pm  
Sunday 8:00 am - 10:00 am

**Hospitality & Boutique**

Parlor 3102  
Friday 5:00 pm - 8:00 pm  
Saturday 8:00 am - 7:00 pm

**Registration**

3rd Floor Lobby  
Friday 1:30 pm - 8:30 pm  
Saturday 8:00 am - 12:00 pm

**Sunday**

Ballroom A

Morning Meditation

Ballroom A

Abstinence: More than a Food Plan

Ballroom A

12 Step Within

Ballroom A

Closing Speaker