

**CAIOA: Central Arkansas Intergroup Overeaters Anonymous #09138**

PO Box 56712

Little Rock, AR 72215

[CAIOAIntergroup@gmail.com](mailto:CAIOAIntergroup@gmail.com)

<http://OAarkansas.org>

Little Rock:

MOM: Miracles on Monday 5:30pm #46559

St. Marks Episcopal Church

1000 N Mississippi at Evergreen

OPEN (OA 12&12)

Contact: Nancy H 501-666-3488

[OA.LR.Monday@gmail.com](mailto:OA.LR.Monday@gmail.com)

Rep = Nancy H

Thursday 5:30 pm #53217

Grace Presbyterian

9301 N Rodney Parham

OPEN (Abstinence, Second Edition)

Contact: Becky L 501-425-5058

[OA.LR.Thursday@gmail.com](mailto:OA.LR.Thursday@gmail.com)

Rep = Becky L

SOS: Serenity on Saturday 10am #20506

St. Marks Episcopal Church

1000 N Mississippi at Evergreen

OPEN (Overeaters Anonymous 3rd Edition)

Contact: Jennifer S 501-516-0625

[OA.LR.Saturday@gmail.com](mailto:OA.LR.Saturday@gmail.com)

Rep = Jennifer S

Saturday: Big Book Meeting 11am

St. Marks Episcopal Church

1000 N Mississippi at Evergreen

OPEN (AA Big Book)

Contact: Margaret R 501-258-1697

North Little Rock:

Sunday 3pm #56649

Park Hill Christian Church "Bible Life Room"

4400 JFK Boulevard

OPEN (Voices of Recovery)

Contact: Trishna C 501-664-8200

[OA.NLR.Sunday@gmail.com](mailto:OA.NLR.Sunday@gmail.com)

Rep = Bea K

Hot Springs:

Friday 3:00pm #52481

Garland County Library Room B

1427 Malvern Avenue

OPEN (Newcomer/Tools)

Contact: Jean H 501-204-9522

[OA.HotSprings@gmail.com](mailto:OA.HotSprings@gmail.com)

Rep = Jean H

Ward:

Tuesday 6:00pm #56586

OPEN (New Beginnings)

Contact: Lisa ? 205-451-9963

OA Region 8: <http://oaregion8.org>

OA World Service Office: <http://oa.org> 505-891-2664